

Good Food Winner

*Fully Air
Conditioned*

Shaban

High Class Balti & Tandoori Restaurant



20% DISCOUNT ON TAKEAWAY ORDERS
TELEPHONE ORDERS ARE WELCOME

You are welcome to bring your own alcoholic drinks

OPENING HOURS

Mon - Sun : 5.00pm - Till late

Including Bank Holidays

www.shabanrestaurant.com

FOOD HYGIENE RATING

0 1 2 3 4 **5**

VERY GOOD

Tel: 0121 354 7722

46 Boldmere Road, Sutton Coldfield, B73 5TD

TRADITIONAL STARTERS

All starters are served with green salad and mint sauce.

- Chicken or Lamb Tikka** £3.75
Succulent pieces of chicken or lamb marinated in various tandoori spices and herbs, roasted in the tandoor and laced with Kashmiri royal cumin.
- Sheek Kebab** £3.75
Traditional skewered lamb mince distinctively flavoured with coriander, garlic and ginger creating an abundance of taste!
- Shami Kebab** £3.75
Flat spicy minced lamb patty shallow fried.
- Chicken Tikka Chat** £5.25 G
Diced chicken tikka mildly spiced with a delicate use of chat masala sauce then served on a soft flat thin bread.
- Chicken Pakora** £5.25
Tandoori Chicken on the Bone £5.25
Chicken breast or leg marinated in various tandoori spices and herbs then roasted in the tandoor.
- Tandoori Lamb Chops** £5.25
On the bone lamb marinated with tandoori sauce and herbs then roasted in tandoor.
- Stuffed Pepper** £5.25
Chicken, lamb or veg whole peppers barbecued in the tandoor and served with the filling of your choice.
- Chicken or Lamb Shashlick** £5.25
Cubed chicken or lamb, capsicum and onion marinated in special herbs and spices, then roasted in the tandoor.
- Tandoori Mix Shashlick** £5.95
Mixture of chicken tikka, lamb tikka & sheek kebab marinated in special herbs and spices, then roasted in the tandoor.
- Nargis Kebab** £5.45
Boiled egg dressed with mince lamb then deep fried and garnished with an omelette.
- Tikka Platter (For Two Persons)** £9.95
Tandoori chicken, lamb tikka, chicken tikka & sheek kebab.
- Tawa Tandoori Chicken, or Chicken Tikka or Lamb Tikka** £5.95
Tandoori chicken, chicken tikka or lamb tikka

SEAFOOD STARTERS

All starters are served with green salad & mint sauce.
Some of our fish dishes may contain small bones.

- Prawn Cocktail** £5.25
Norwegian prawns coated with cocktail sauce and served on a bed of English lettuce.
- Prawn Bhuna on Puree** £5.25 G
Cooked with garlic, onions, herbs and spices in a very condensed sauce then wrapped in a soft flat bread.
- Scampi** £5.25 G
Succulent nuggets of scampi deep fried in batter.
- Roop Chanda (Bangladesh Fish)** £6.95
Grilled whole fish with herbs and spices.
- Tandoori Fish Fry** £5.55
Special King Prawn £6.95
Large king prawns cooked in homemade sauce with garlic and ginger.
- King Prawn Bhuna on Puree** £6.95 G
Cooked with garlic, onions, herbs and spices in a very condensed sauce then wrapped in a soft thin flat bread.
- King Prawn & Garlic** £6.95
King prawn cooked with onion in a garlic sauce.
- Tandoori King Prawn** £6.95
Marinated king prawns cooked with herb and spices in a clay oven.
- Fish Platter for 2 persons** £11.95
Marinated tandoori king prawns and mixed fish cooked in the tandoor.

Meals containing Gluten are marked with a "G"

VEGETABLE STARTERS

All starters are served with green salad and mint sauce.

- Mushroom on Puri** £5.25 G
Mushroom cooked in a medium strength condensed sauce then wrapped in a soft flat thin bread.
- Vegetable on Puri** £5.25 G
Mixed vegetables cooked in a medium strength condensed sauce then wrapped in a soft flat thin bread.
- Onion Bhajee** £3.25
Crisp onions moulded into a mash then deep fried with gram flour batter until golden brown.
- Samosa Mixed Vegetable or Lamb** £3.25
Deep fried savoury pastries with a delicious vegetable or lamb filling.
- Kabuli Chat** £5.25 G
Chick peas cooked in medium strength condensed sauce then wrapped in a soft flat thin bread.
- Spicy Potato with Garlic & Mushroom** £5.25 G
Mashed potato nuggets in aromatic spices coated with spicy batter and deep fried, served on a bed of fried garlic and mushrooms.
- Vegetable Platter For two persons** £8.95

TANDOORI SPECIALITIES

All tandoori dishes are grilled over charcoal clay oven known as the Tandoor. Each dish is individually garnished with spices and marinated overnight to give them their own distinctive flavour.
Served with green salad and mint sauce.

- Chicken Tikka or Lamb Tikka** £8.15
Tandoori Chicken (Half a chicken on the bone) £8.15
Chicken or Lamb Tikka Shashlick £8.55
Chicken or Lamb Tikka Stir Fry £8.55
Tandoori Special Mix (Served with nan bread) £12.95
Tandoori King Prawns £13.25
Chicken or Lamb Tikka Garlic £8.95
Panir Tikka Bahar £8.75
Tawa Special £13.55
Marinated chicken tikka, lamb tikka, tandoori chicken, tandoori king prawn and tandoori fish

FISH SPECIALITIES

Some of these dishes may contain small bones

- Shaban Special Lobster** £15.55
Lobster cooked with onion, tomatoes, olive oil, mustard, sauce, spices and herbs
- Machlee Tandoori** £12.55
Salmon marinated in herbs and spices, grilled in the Tandoor and served on a bed of spiced potatoes and cauliflower
- Machlee Bhona (Ayre Fish)** £12.55
Bangladeshi fish cooked in a delicious homemade sauce
- Tandoori Fish** £13.25
Marinated fish grilled with herbs and spices.
- Fish Jull** £13.25
Pangash fish mixed into a spicy dry sauce containing onions and fresh chillies.
- Assami King Prawn Jalfrezi** £13.55
King prawns cooked with fresh garlic in a medium sauce with herbs and spices.
- King Prawn Roshoni** £13.75
King prawns cooked with garlic in a medium sauce with herbs and spices.
- Tandoori King Prawn Massala** £13.55
Marinated king prawns cooked in a massala sauce.
- Singapore King Prawns** £14.75
Tiger king prawns cooked with spinach, tomato and onion. Topped with fresh herbs and cheese.
- King Prawn E Kash** £14.75
Large king prawns cooked with fresh mushrooms, onions, garlic & medium sauce.
- Salmon Tikka Massala** £12.75
Roop Chanda Chilli Fries £12.95

CHEF'S SPECIALITIES

Tikka Massala (Chicken or Lamb) Marinated & grilled on charcoal then cooked in a thick mild sauce.	£8.55
Chasni Tikka Chicken A very popular dish in Calcutta. Boneless marinated chicken, garnished with yoghurt and mango chutney to give a very mild taste.	£8.55
Tandoori Makhani Massala Boneless Tandoori chicken in a very mild creamy sauce.	£8.55
Passanda (Chicken or Lamb) Tender pieces of lamb or chicken marinated with spices and cooked with fresh cream and herbs, slightly sour taste.	£8.55
Achari (Chicken or Lamb) Cooked with pickles, herbs and spices to create a tangy & hot dish.	£8.55
Assami Jalfrezi (Chicken or Lamb) These dishes are cooked with fresh green chilli and coriander, and garnished with a slice of lemon to create a semi dry dish. Hot and very spicy to taste.	£8.55
Northern Indian Garlic Chilli (Chicken or Lamb) Steam cooked in a hot chilli & garlic sauce and garnished with coriander. Hot and very spicy to taste.	£8.55
Korai (Chicken or Lamb) These dishes are prepared in a cast iron Kori (wok). A rich flavour is obtained by using fresh ginger, garlic, green peppers, onions and coriander. Ask for extra green chillies for an extra bite.	£8.55
Shashlik Bhuna Indian style sir fry dish with seasonal vegetable. Spicy with fresh chillies.	£8.55
Garlic Chilli Rezala (Chicken or Lamb) Tandoori based meat in a medium or hot sauce & garnished with ghee fried garlic.	£8.55
Kabuli Chana (Chicken or Lamb) A famous dish from Afghanistan. Tender lamb or chicken stewed with Afghan chick peas & cooked with herbs, spices and a touch of lemon.	£8.55
Tandoori Murg Massala Boneless tandoori chicken with minced lamb & egg. Cooked with herbs and spices in a medium sauce.	£8.55
Kashmir Chicken Cooked with fresh fruits in a mild mix of spices	£8.55
Chicken Muchamoni	£8.55
Chicken Jamdani Cooked with onions and fresh herbs	£8.55
Reshmi Chicken Chicken or lamb cooked with mushroom and spinach (Medium Hot)	£8.55
Tazmin Special Large slices of chicken tikka, garnished with onions, lentils & spices	£8.55

BALTI SPECIALITIES

All our dishes are individually prepared with a combination of fresh ingredients to give a unique taste. Please ask for mild, medium or hot to suit your taste.

Chicken or Lamb Balti	£7.95
Chicken or Lamb Tikka Balti	£8.55
Tandoori Chicken Balti	£8.55
Prawn Balti	£7.95
King Prawn Balti	£12.55
Kabuli King Prawn Balti	£13.25
Mushroom Balti (Chicken or Lamb or Prawn)	£8.75
Chicken or Lamb or Prawn Sag Balti	£8.75
Fresh Mix Vegetable Balti	£7.45
Chana Sag Balti	£7.95
Golden Chicken Balti	£9.55
Special Fish Balti	£13.75
Golden King Prawn Balti	£13.75
Shaban Special Balti	£13.75
Chicken, Lamb, Prawn & King Prawn	
Alpanso King Prawn Balti	£13.75
Medium Hot - cooked with fresh mango & spices	
Tandoori Lamb Chop Balti	£12.75

SHABAN SPECIALITIES

Special Platter Bhuna A combination of chicken tikka, lamb tikka, sheek kebab, tandoori chicken and tandoori king prawn marinated in a dry spicy sauce. A real mouthful!	£13.45
Honey Chicken Grilled chicken tikka cooked in a medium curry with honey. A sweet dish.	£8.55
Thai (Chicken or Lamb) Chicken or lamb tikka sliced cooked with onion, green peppers, tomatoes and fresh green chillies and coriander.	£9.55
Kufta Masala Marinated meat balls cooked in a masala sauce.	£9.75
Bombay (Chicken or Lamb) Chicken or lamb cooked with fresh tomatoes, egg and spices.	£8.75
Mustard Duck Duck cooked with mustard seeds, onions, coriander and fenugreek.	£12.55
Jeera Chicken Tender pieces of chicken marinated in garlic & ginger. Cooked with onions, capsicum and fried cumin seeds & other delicious spices.	£8.55
Jaipuri (Chicken or Lamb) A very popular dish from Jaipur marinated & grilled in the Tandoor & cooked with onions, capsicum and fried mushrooms in a thick sauce.	£8.55
Akbari Chicken Off the bone chicken breast stuffed with minced lamb and roasted in the Tandoor then cooked in a special medium sauce. Hot on request.	£9.95
Shatkora (Chicken or Lamb) Bangladeshi citrus fruit cooked with herbs & spices in a medium sauce.	£8.55
Peshwari Chicken Tandoori chicken of the bone cooked with Chef's own recipe.	£8.55
Butter Chicken Boneless chicken cooked with butter & cream in mild exotic sauce.	£8.55
Jafrani (Chicken or Lamb) Thinly sliced chicken or lamb grilled in the Tandoor then cooked in special sauce.	£8.55
Rajastani Chicken Diced chicken cooked in a mild sauce.	£8.55
Naga (Chicken or Lamb) Chicken or Lamb cooked with hot green chillies. (Hot)	£9.95
Naga King Prawn King Prawns cooked with hot green chillies. (Hot)	£13.55
Chicken & Keema Chicken & minced lamb cooked together with onions, lemon peel & tomato. A most tasteful dish	£8.55

LOW FAT SPECIALITIES

Any of our dishes can be prepared using less fat. - Please specify when ordering. Created for patrons who are more health conscious towards their diet

Chicken Tikka or Lamb Tikka	£8.95
Tandoori Chicken	£8.95
Sylhetty Chicken or Lamb or Prawn	£8.95
Tandoori Royal Balti	£12.95
Mixed Fish Balti	£12.95
Chicken or Lamb Tikka Balti	£8.75
Jaipur King Prawn	£13.45

COMBINATION DISHES

Enabling you to sample two dishes in two portions or select your own combination in chicken lamb or prawn. Only from the list below

Chicken Jalfrezi & Lamb Sagwala	£11.95
Chicken Chilli Khyber & Lamb Rogan Josh	£11.95
Chicken Tikka Massala & Lamb Bhuna	£11.95
Korai Chicken & Lamb Pathia	£11.95
Goa Garlic Chicken & Lamb Dhansak	£11.95
Tandoori Makhani Chicken & Lamb Malayan	£11.25

Any of the above dishes can be prepared with chicken, lamb, prawn or king prawn for king prawn add extra £2.00

CURRY SPECIALS

CHILLI MASSALA Cooked with Green Chillies, onions, garlic and coriander - hot

KURMA Suitable for beginners. A delicate preparation of coconut powder and cream, producing a rich, mild cream texture

BHUNA A thoroughly garnished dish with onion, garlic, tomato & selected spices. Extensively treated to provide a delicious medium strength dish which is a little condensed but most tasteful

ROGAN JOSH Specially prepared with pimento and garlic, garnished with tomato, medium hot

DUPIAZA A medium quantity of onions seasoned and freshly treated with dozens of spices and herbs to produce a medium hot taste

PATHIA A hot and sour tasty dish prepared with garlic, red chillies, onion, capsicum and tomato puree. Sweet and sour

DHANSAK A beautiful combination of spices with pineapple and lentil mixed with curd, to produce a sour, sweet and hot taste

MADRAS (HOT) A popular dish from the Madras province, which consists of rich, hot and sour tastes. Prepared extensively with chilli, lemon juice and tomato puree

VINDALOO (VERY HOT) A fabulously rich & fiery hot taste. Ginger and red chilli are a few pieces which add quality to this dish. Extravagantly hot!

SAGWALA A fabulously tasty dish with selected herbs and spices and garnished with fresh spinach

JALFREZI (HOT) Consists of green chilli, onion, capsicum and fresh coriander

ROSHONI Cooked with lots of fresh garlic

Chicken or Lamb	£7.75
Prawn	£7.75
Chicken Tikka or Lamb Tikka	£8.55
Tandoori Chicken	£8.55
King Prawn	£12.25
Mixed Vegetable	£7.25
Shaban Special	£12.95

Chicken, lamb, prawn and king prawn.

BIRYANI SPECIALITIES

Cooked with special Basmati rice, butter, spices & served with a separate vegetable curry.

Chicken or Lamb Biryani	£11.95
Chicken or Lamb Tikka Biryani	£12.55
Prawn Biryani	£11.95
King Prawn Biryani	£12.55
Chicken or Lamb Persian Biryani	£12.55
Mixed Vegetable Biryani	£11.45
Mushroom Biryani	£12.55
Shaban Special Biryani	£13.55
Chicken, lamb, prawn & king prawn	
Lobster Biryani	£15.95

TAWA SPECIALITIES

These dishes are cooked with Onion, Green Peppers, Tomatoes, Fresh Garlic and a touch of fresh green Coriander and Bay Leaves, Served on Taw Pan Medium Spices

Garlic Chilli Tawa Chicken or lamb	£8.95
Hot dish with green chilli	
Tawa Tikka	£8.95
Tikka Mushroom Tawa Chicken or lamb	£9.95
Tikka Sagwala Tawa Chicken or lamb	£9.95
Tikka Chana Tawa Chicken or lamb	£9.95
Tikka Veg Tawa Chicken or lamb	£9.95
Prawn & Veg Tawa	£9.95
Prawn & Sagwala Tawa	£9.95
King Prawn Tawa	£12.95
King Prawn Mushroom Tawa	£12.95
King Prawn Sagwala Tawa	£12.95
King Prawn Veg Tawa	£12.95
Fish Tawa	£12.95

SUNDRIES

Boiled Rice	£2.95	Keema Pilau Rice	£3.55
Pilau Rice	£3.25	Shobje Pilau Rice	£3.55
Fried Rice	£3.25	Kabuli Pilau Rice	£3.55
Egg Fried Rice	£3.55	Shaban Special Rice	£3.55
Mushroom Pilau Rice	£3.55	Vegetable, egg and peas	
Garlic Fried Rice	£3.55		

VEGETARIAN SPECIALS

Recommended to accompany main dishes. However these dishes can be prepared as a main dish for vegetarian diners on request.

Mixed Vegetable Bhajee	£3.95	Cauliflower Bhajee	£3.95
Mushroom Bhajee	£3.95	Bombay Aloo	£3.95
Cauliflower Bhajee	£3.95	Aloo Gobi	£3.95
Bhindi Bhajee	£3.95	Sag Panir	£3.95
Sag Bhajee	£3.95	Motor Panir	£3.95
Brinjal Bhajee	£3.95	Tarka Dhall	£3.95
Sag Aloo	£3.95	Banana Ghee	£3.95
		Mushroom & Sag	£3.95

EXTRA

Plain Papadom or Massala Papadom	£0.80
Chips	£1.65
Raitha (Cucumber, chilli or onion)	£1.55
Green Salad	£1.50
Selection of Chutneys	£0.80

ENGLISH DISHES

Omelette	£8.45
Chicken, prawn or mushroom	
Sirloin Steak	£12.45
Scampi & Chips	£8.75 G
Fried Chicken & Chips	£8.75

FRESH BREADS

Nan	£2.75 G	Cheese & Chilli Nan	£3.25 G
Keema Nan	£3.25 G	Garlic & Coriander Nan	£3.25 G
Garlic Nan	£3.25 G	Tikka Nan	£3.25 G
Cheese Nan	£3.25 G	Ginger Nan	£3.25 G
Peshwari Nan	£3.25 G	Paratha	£3.25 G
Vegetable Nan	£3.25 G	Stuffed Paratha	£3.25 G
Onion Nan	£3.25 G	Chapatti	£1.85 G
Chilli Nan	£3.25 G	Puree	£1.85 G

SPECIAL A

For 1 Person
Tandoori Chicken,
Chicken Tikka Bhuna,
Mixed Vegetable
Bhajee, Pilau Rice,
Nan G & Papadoms

£16.95

SPECIAL B

For 2 Persons
Chicken Tikka,
Onion Bhajee,
Chicken Bhuna Balti,
Lamb Dupiaza,
Bangon Bhajee,
Pilau Rice,
Nan G & Papadoms

£35.95

SPECIAL G

FOR 4 PERSONS

Sheek Kebab, Chicken Tikka, Chicken Balti,
Lamb Rogan Josh, King Prawn Bhuna,
Prawn Jalfrezi, Mixed Vegetable Bhajee,
Aloo Gobi, Pilau Rice, Nan G & Papadoms

£72.95

VEGETARIAN

For 1 Person
Onion Bhajee,
Vegetable Massala,
Sag Aloo, Tarka Dall,
Pilau Rice,
Nan G & Papadoms

£15.95

SUNDAY SPECIAL

Any Starter
Any Main Meal
Rice or Nan
Coffee with Mints
Eat in or Takeaway

£12.95